

Self-Realization Fellowship Hidden Valley Ashram

What's happening at Hidden Valley? Lots!



The proximity of others' spiritual vibrations has the power of raising your own. Meditating with other devotees thus helps you to quicken your evolution. They inspire you on your climb up the ladder of Self-realization; and you, by your example, can also be helpful to them.

-- Paramahansa Yogananda --

Father/Son Day at Hidden Valley

On Sat, June 16, around 65 devotee fathers and sons had a day of spiritual fellowship, fun, and joy at Master's Hidden Valley Ashram. The schedule included sports, archery, meditation, laughter, lunch, a hike and a class. We hope to have another Father/Son day next year, please stay tuned.



Comment from a son:

"The Father/Son Day at Hidden Valley was an absolute blast! The activities were so fun with basketball, archery, and volleyball. Brother Keshavananda's talk about the spiritual bond between Father and Son was very poignant. To be able to share an experience like that between Father and Son that was fun & spiritually oriented was such a gift."

From his father:

"I felt such an incredibly warm and welcoming energy from all of the monks. There was such an inclusiveness and friendliness in their being as well as their description of God. It brought me back to my childhood, and reminded me of many memories I haven't thought of in years."

4th of July



The monks and residents celebrated the 4th of July with a delicious lunch and the building and launching of rockets in the afternoon, followed by a movie together.



Program on "How-to-Live" Skills

The weekend of July 12-15 was the third in a series of conducted programs on Master's "How-to-Live" Skills, this one on The Development of Selfless Social Arts for Everyone's Highest Good. Classes included A Yogi's Poise Between Order and Chaos, and The Social Way to Universal Consciousness.

One attendee wrote: "This was such a great weekend. Such a joy to be able to spend this time at Hidden Valley. The classes were very insightful."

Chalet Project

Our newsletter last month was a fundraiser for the Chalet Project. We want to thank all of you who have responded to support this

project. We are now well over half way to our goal of \$242,000. The project started last Monday with ashram residents and guests doing demolition -- so far they've been able to do a lot of "damage". A contractor comes next Monday to start work with our personnel.



Hidden Valley Comings and Goings

Brother Vajrananda, who lived and served at Hidden Valley for 12 years, has transferred to the Phoenix ashram and Temple to serve there with Brothers Devananda and Naradananda. We thank him for his many years of service and wish him the best in his new assignment!

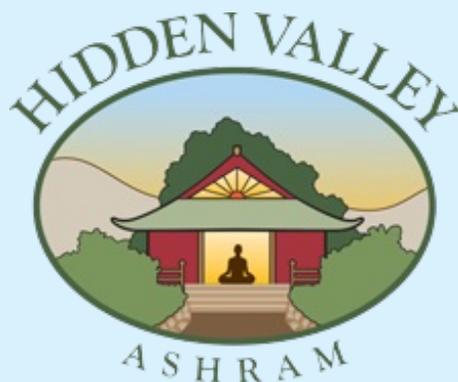
Brahmachari Lynn has moved to Hidden Valley from the Phoenix ashram and will be helping out in several areas. Welcome!

And a hearty welcome to the many baby wild turkeys who are now residing at Hidden Valley, we hope they enjoy their stay here as much as all of you have. :-)



In Guruji's friendship,

Hidden Valley Ashram



A Natural Place for Realizing Your True Self

Email: info@hvashram.org - Website: www.hvashram.org

Phone: 760-749-3399 - Fax: 760-749-3323

Be sure to ask about our resident volunteer program

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